YArabesque Dance Studio

Dress For Dance

Females:

Black spaghetti strapped seamed leotard - Mirella # 207, (Mondor 13520, Capezio #101, if Mirella, doesn't fit well)

- Students in Grade 3 and higher may have the pinched front and Ainslee #101P
- Older students coming three or more times per week , having already purchased the black leotard, may choose other coloured leotards of similar design. No patterned leotards or designs with many straps, etc.

Ballet pink tights: Mondor #310 or Mondor #314 convertible tights (best), or Capezio #1815/1915 & #1816/1916. Convertible tights are best for Primary 2 levels and higher

Pink split sole canvas ballet shoes:

- All shoes must fit like gloves-not loosely. Please check fit with teacher before wearing.
- Please try to buy ballet pink shoes avoiding more orange or bubble gum pink coloured shoes.

Pointe shoes: will be fitted first time with Valerie present. <u>No Gaynor Minden brand</u>. Stretch ribbon, medium elastic.
Sweaters: May be worn if needed to warm-up in. Must be black and tight fitting dance sweaters. (prefer none)
Skirts: Teacher Assistants may wear black wrap skirts. Grade 5+ students may have skirt for select classes.

18 months- 2 years — may wear t-shirts or bodysuit, leggings or footless tights & ballet shoes. No skirts or tutus

Males:

White short sleeved leotard or dance t-shirt.

• Older male students may also choose white tank style leotard or t-shirt.

Intro.- Gr. 1: Black footless tights or bike shorts. White ankle socks

<u>Gr. 2</u>+: Black or grey footed or footless tights.

Dance belt for males 8 years and older.(or younger)

White canvas split sole ballet shoes:

• All shoes must fit like gloves, not loosely. Please check fit with teacher before wearing.

Contemporary:

Top: solid colour leotard, tight fitting tank /or spaghetti strap top- no crop tops

Legs: solid coloured footless tights or dance shorts

For 2021-22 Season- socks or ballet shoes No Bare Feet this year.